

Sabor Latino

Arroz con Pollo:

www.SaborLatino-Foods.com

The Latin favorite! This popular dish consist of tender chicken chunks, peppers, onions, peas, yellow rice and Latin spices. The Latin counterpart of a Spanish Paella.



Nutrition Facts	
Serving Size 8 oz (227g)	
Servings per container about 10	
Amount Per Serving	
Calories 300 Calories from fat 80	
	% Daily Value *
Total Fat 9g	14%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 970mg	40%
Total Carbohydrates 34g	11%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 19g	
Vitamin A 8%	Vitamin C 25%
Calcium 4%	Iron 20%
* Percent Daily Values are based on a 2,000 calorie diet.	

Menu suggestion:

This wellknown Latin dish can be endlessly combined with any Plantains and Beans.
Serve in a tortilla wrap with sour cream and cheddar cheese

Cost estimate: approx **\$1.60 - \$1.75 per dish** of 14oz
Serve 8oz Arroz con Pollo with 2oz of Plantains and 4oz of Red Beans.

Item# (SKU): 41002	Gross Weight: 15.4 lbs
Packaging: 3 x 5 lbs	Case dimensions: 11" x 9" x 7 5/8"
Net Weight: 15 lbs	Pallet configuration: 16 tie, 5 high

Ingredients

Chicken, water, rice, red pimentos (red pimentos, water, salt, citric acid), onions, green peppers, cooking wine (with 1.5% salt, contains sulfites), green peas, tomato paste, salt, olive oil, dehydrated garlic, egg color (FD&C yellow #5 & yellow #6, water, caramel color, 1/10 of 1% sodium benzoate), spices

Heating instructions:

Thaw out in refrigerator. Boil-in-the-bag in a water bath at 180°-190°F (shake contents occasionally) or pour content in a double boiler (stir occasionally). Cook approx. 30 min to a minimum internal temperature of 160°F.

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